

Developing Creative Habit

Improving your art experience involves developing your skills, finding inspiration, and connecting with the art community. Here are some useful tips to enhance your art journey.

It takes 21 days to develop a new habit.

- **Practice Regularly:** The more you practice, the better you become. Dedicate time each day or week to create art.
- **Learn Fundamentals:** Master the basics of art, including perspective, anatomy, colour theory, and composition. Knowing how to use the elements and principles of design is a good place to start.
- **Online Art Communities:** Join art forums and social media platforms like Instagram, DeviantArt, and ArtStation to share your work, gain feedback, and connect with fellow artists.
- **Art Classes and Tutorials:** Consider enrolling in art classes, workshops, or online courses to learn from experienced artists and educators. Websites like Udemy, Skillshare, and Coursera offer a wide range of art courses.
- **Art Books and Resources:** Read books on art history, techniques, and theory to deepen your understanding. Some classic books include "The Elements of Drawing" by John Ruskin and "The Artist's Way" by Julia Cameron.
- **Visit Museums and Galleries:** Explore museums and art galleries to see various styles, eras, and techniques. Many museums also offer online virtual tours.
- **Keep an Art Journal:** Maintain a sketchbook or digital journal to record ideas, practice, and experiment with new techniques.
- **Experiment and Take Risks:** Don't be afraid to try new styles and mediums. Creativity often blossoms when you step out of your comfort zone.
- **Attend Art Workshops and Retreats:** Participate in art workshops and retreats to learn from accomplished artists and immerse yourself in a creative environment.
- **Online Art Challenges:** Engage in online art challenges like Inktober or 30-day drawing challenges to boost your consistency and creativity.
- **Art Supplies and Tools:** Invest in quality art supplies that suit your preferred medium. Experiment with different tools and materials.
- **Art Critiques and Feedback:** Seek constructive criticism from peers and mentors to identify areas for improvement.
- **Online Resources:** Explore websites like Pinterest, ArtStation, and Behance to discover inspiring artwork and artists. Check out our growing list of online resources below. Remember, don't copy but be inspired, extend on what has been done before.
- **Art Podcasts and YouTube Channels:** Listen to art-related podcasts or follow YouTube channels that offer tutorials and artist interviews.

- **Networking and Collaboration:** Connect with other artists for collaborations, joint projects, and support. Attend a Creative Collective day in the Whitsundays.
- **Art Exhibitions and Events:** Attend local and international art exhibitions, fairs, and conventions to stay updated on trends and meet artists. Participate in a local exhibition, enter your work and receive valuable feedback.
- **Document Your Progress:** Keep a record of your artwork over time to track your improvement and celebrate milestones.
- **Online Portfolio:** Create an online portfolio or website to showcase your work to a broader audience.
- **Art Grants and Funding:** Look for art grants, scholarships, and funding opportunities to support your artistic endeavours. Whitsunday Regional Council offers funding through the Regional Arts Development Fund program.
- **Stay Inspired:** Find inspiration in everyday life, nature, books, movies, and other art forms.

Challenge

Remember that improving as an artist is a continuous journey. Be patient with yourself, embrace failures as learning experiences, and keep pushing your creative boundaries. Whether you're a beginner or an experienced artist, these resources and tips can help you enhance your art experience and continue growing as an artist.

Follow the challenges in each tip or select one challenge and do it every day for a month. Start to develop creative habits that are achievable and fit with your daily life and routine.